Appreciative Leadership for Peak Performance



Aristotle said that to know yourself is the beginning of all wisdom. Take a deep dive into your leadership success pattern and identify new ways to achieve peak performance for yourself and others.

Effective, inspiring leaders know themselves and leverage their deep well of strengths, values, experiences, and leadership insight to guide themselves and others toward health, vitality, and high performance. Research shows these leaders are more effective because their leadership is credible and their team members feel valued, supported, energized and engaged.

Our Appreciative Leadership for Peak Performance workshop (ALPP) is designed for senior executives and offers a guided, strengths-based exploration of what makes you most effective as a leader. It also provides you with practical tools to lead, mentor, coach, and bring out the best in others.

The ALPP is an inquiry-based, results-oriented process that leads you through a series of powerful learning activities to identify and optimize your "Leadership Peak Performance Pattern" - the constellation of strengths, assets, capacities, capabilities, beliefs, values, approaches, best practices, opportunities, dreams and goals that, when maximized, allow you to achieve sustained personal and professional leadership excellence and to experience joy and excitement in your work.

Join us to explore the following questions:

- What is your personal leadership profile when you are at your best? What are your signature strengths, and how can these be leveraged in your current and future roles?
- What are your core purpose and values? Your most irresistible dreams for the future, both large and small?
- How do you want to elevate your impact in the world and what do you want your legacy to be?
- How does this vision connect to your work? How can it energize and transform your interactions with your team and help you to lead stronger and better?

Jan. 25-27, 2017
Benedictine University
Goodwin Hall of Business
Lisle, IL

Learn how to draw peak performances from yourself and others in this reflective, energizing three-day workshop.

\$1800/person (\$1200/non-profit & CVDL alumni) Discounts available for groups

> More Details + Register: www.cvdl.org/ai