



Maker Project:
Washable Face Mask
(with optional
adjustable nose piece)

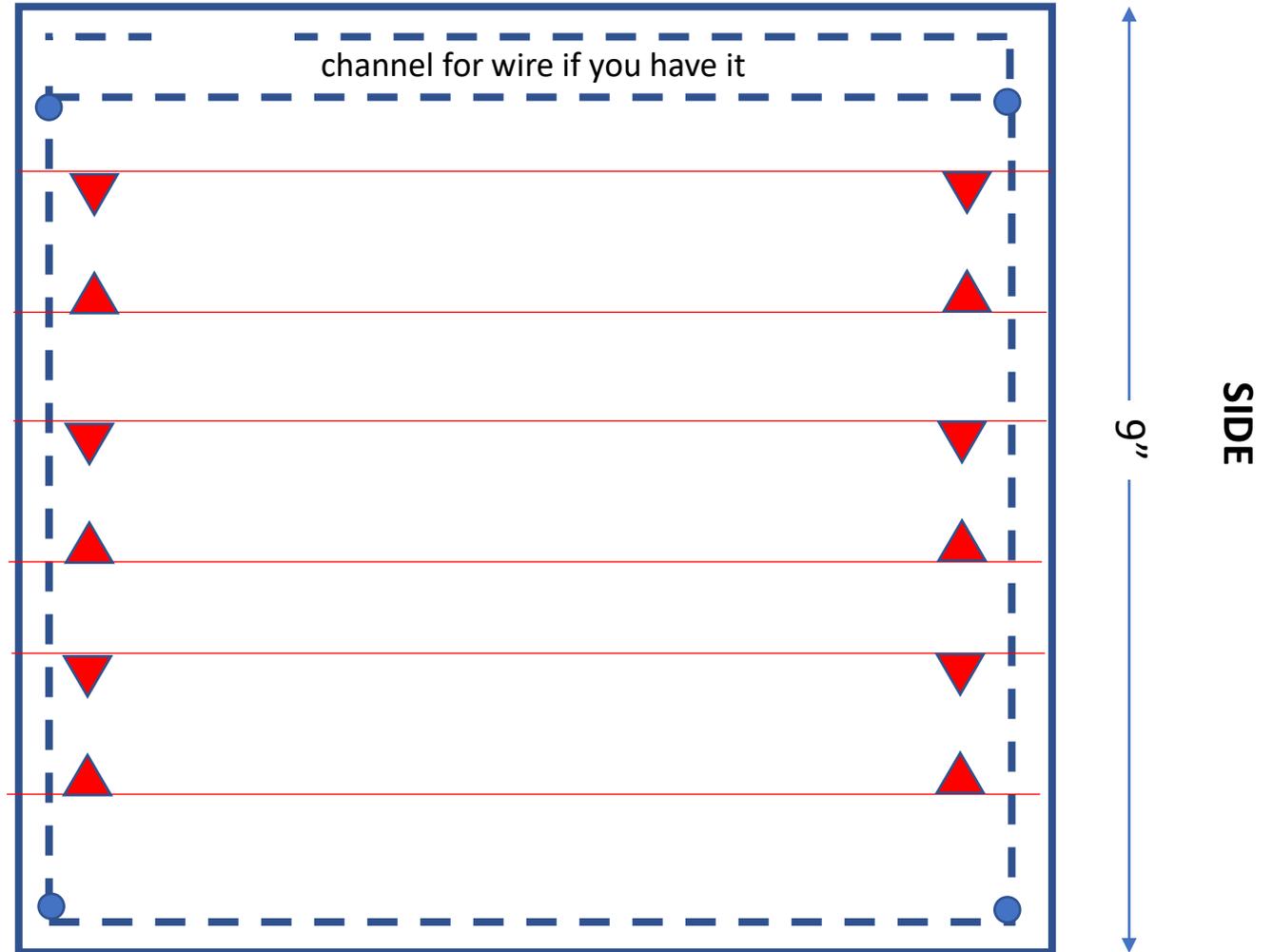
TOP

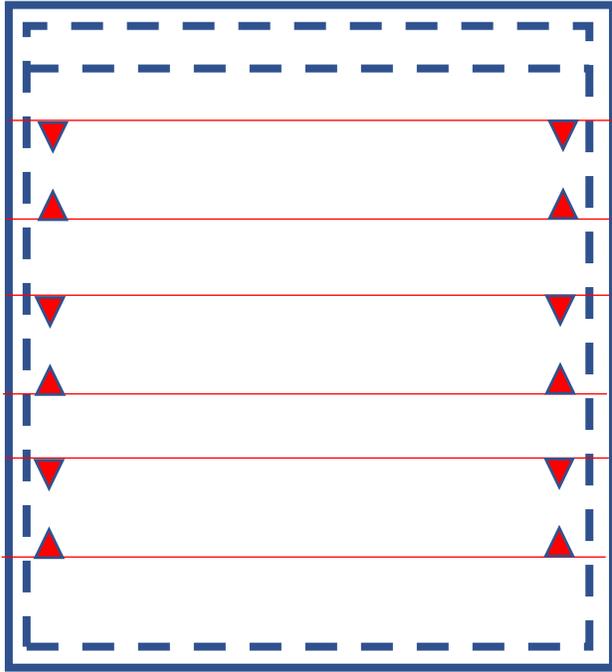
7"

- Cutting line 
- Sewing line 
- Pinch line line 
- Pinch direction 
- Elastic insert mark 

Materials:

- Soft fabric, enough for two 7x9" squares, cotton sheets ideal
- 2 x 7" pieces 1/4" elastic
- Optional: 8" flexible wire for nose piece (folded over 16" floral wire worked well)





1. Draw your pattern on a piece of paper or light cardboard.

2. Cut out two 7x9" pieces of your pattern on soft washable cotton fabric. One side of flannel and one side of regular cotton sheet worked well. Two sides of cotton sheet also work well.

3. Cut out two 7" pieces of ¼ " elastic.



4. Place your two pieces of fabric together, right sides (the nice pattern) on the inside. Put one end of the elastic in the corner between two sheets of fabric. Place fabric back on top of elastic.

5. On the long side of the rectangle, start sewing 1" from the elastic, turn the corner and sew down the short side, making sure the elastic does not get in the way. Stop one inch before the end.



6. Reach in and take the loose end of the elastic. Place it diagonally in the corner and back stitch second end in place between the fabric sheets





7. Turn the corner and sew the long (bottom side of the fabric together stopping one inch before the end.



8. Insert the second piece of elastic in the corner and back stitch a few times. Turn the corner and sew down the short side, stopping one inch before the end.



9. Reach in and take the loose end of the second elastic. Place it diagonally in the corner and back stitch second end in place between the fabric sheets



10. Turn the corner and sew the long end, STOPPING 2-3 inches from the very first stitch. Trim the corners and the sides.



11. Turn mask inside out (like a sock)



12. Iron the mask rectangle, making sure not to iron the elastic



13. Pinch together the first of three pleats, iron towards the top (the side that has the hole for turning inside out).



14. Repeat, ironing three pleats in place. Don't be too worried about their placement, make them roughly even.



15. Stitch the pleats in place on both sides. Use pins if needed to hold in place.



16. Top stitch around the mask*. You can top stitch the sides twice for extra strength if needed

**Optional: If you want to use a flexible nose piece, leave a small channel open at the top and sew a second top stitch $\frac{1}{4}$ " down from the first stitch line. You can use the small hole to insert flexible wire such as folded floral wire.*